



Mentors Guide

A disciple is someone who follows someone else (a disciple) as they follow Jesus to be helped in their walk with God. Paul wrote to the church in Corinth urging them to “Follow my example, as I follow the example of Christ.” To be able to mentor someone else in the faith you need to be slightly ahead of them – even five minutes is enough!

The philosophy of Forty-Two is that we pass on what we are learning as soon as we can. In fact, try to explain what you have just learned helps you to understand it and put it into practice.

Here’s what we are aiming to do

1. Passionately pursue Christ
2. Connect with people
3. Share the Gospel
4. Make disciples
5. Teach everyone to do 1-5 – hence this guide!

To be a mentor, make sure you are living in those 5 aims.

Passionately Pursue Christ

Christianity is a relationship. A relationship with the Father, through Jesus in the power of the Holy Spirit. So cultivate that relationship in prayer, reading the Bible, worshipping and walking in the Spirit. Be a passionate part of your local church, which will help you stay passionate for the Lord.

Connect with People

Don’t cut off contact with non-Christian friends. Connect with people through your workplace, hobbies, neighbours and families. Be a blessing to people, friendly, kind and generous. That will open up many opportunities for sharing the Gospel

Share the Gospel

In the Forty-two book, app and videos we show you how to use the 3 circles to simply share the Gospel with people. On the app the picture is all there for you to swipe through stage by stage as you explain the Gospel.

Make disciples

As people commit to follow Jesus, they become disciples. Take them through Forty-two and meet with them weekly to chat through the material, hear stories of how they are putting it into practice and pray together, cheering your friend on!

Teach everyone to do 1-5.

Share this material with your disciple and encourage them to pass it on as they go through the Forty-Two material.

Meeting with your disciple(s)

We suggest trying to meet once a week with your disciple in a relaxed environment like your lounge or a coffee shop. It can be one to one or as a small group.

The basic three questions you want to talk through are

1) Any questions or things you didn't understand from this week's readings?

This gives you an opportunity to clarify and explain further. If you don't know the answer, just say. It is okay, we are all learning together. Over the next week, find out the and go back with it!

2) What have you been able to put into practice this week?

James 1:22 challenges us to "be doers of the word and not hearers only, deceiving yourselves."

It's a vital part of discipleship that we put into practice what the Lord is teaching us, so that we are doers, not just hearers.

3) Who have you shared what you have learnt with?

The philosophy of Forty-Two is those 5 things

- Passionately pursue Christ
- Connect with people
- Share the Gospel
- Make disciples
- Teach everyone to do 1-5

So we are looking for people to start on #4 and #5 at the very start of their Christian lives!

Before the Billy Graham crusades in the UK in the late 1980's churches were challenged to do "Operation Andrew" – Andrew was one of the first 12 disciples and his story is in John 1:40-45

40 One of the two who heard John speak and followed Jesus[a] was Andrew, Simon Peter's brother. 41 He first found his own brother Simon and said to him, "We have found the Messiah" (which means Christ). 42 He brought him to Jesus. Jesus looked at him and said, "You are Simon the son of John. You shall be called Cephas" (which means Peter[b]).

43 The next day Jesus decided to go to Galilee. He found Philip and said to him, "Follow me." 44 Now Philip was from Bethsaida, the city of Andrew and Peter. 45 Philip found Nathanael and said to him, "We have found him of whom Moses in the Law and also the prophets wrote, Jesus of Nazareth, the son of Joseph."

Operation Andrew utilises the power of social networks. John had spoken to his friend Andrew. Andrew spoke with his brother Simon. Jesus found Phillip and Phillip connected with a friend, Nathanael.

Encourage your disciple to make a list of 3 people they would like to see come to Christ and then pray for them.

The Billy Graham organisation puts it like this...

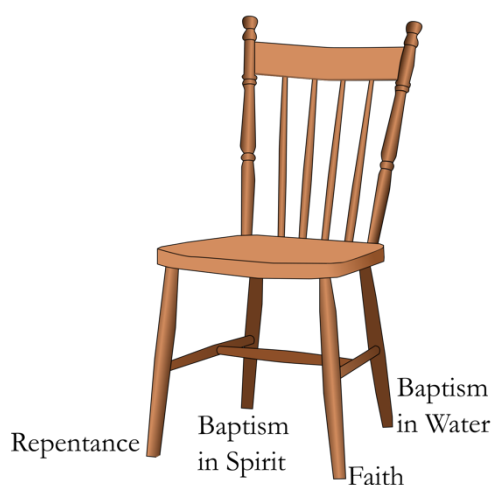
Look Around where you live, work, or go to school—this is your mission field. Make a list of names of individuals you know who need Jesus Christ, and commit to pray for the people on your list regularly.

Look Up because God changes people through prayer. Pray each day for those on your list, that God will give you opportunities to share His love with them.

Look Out for ways to cultivate friendships with each person on your list. Spend time with them. An invitation to dinner or a sporting event will build friendships, which can open the way to talk about Christ. Remember: don't preach. Listen and be a good friend.

Week 1

Main aim: Getting those four legs in place



Go through the Gospel again with the 3 circles to make sure everyone has understood the good news, repented (turned away from their wrongdoing) and put their faith in Jesus.

Talk through how your church does baptism and how it works practically.

Explain the baptism in the Spirit and pray for those that want to receive it.

Baptism in Spirit

When I was 17 I bought my first car, a Morris Minor. I drove it happily for months, before someone pointed out that rather raspy engine sound was because I was running it on three not four cylinders. After a few days' work, it was firing on all four cylinders! That's what the baptism in Spirit does – empowers us to be a four cylinder Christian!

Reading through the book of Acts shows us how it works. In all the accounts, bar two, the baptism in Spirit happens when someone lays hands on someone else – a sense of imparting the Spirit. The two unique situations where that didn't happen were at Pentecost, where there was no-one to do it yet and Cornelius the Gentile, because no Jewish believer would touch him to lay hands on him.

Generally some form of outward physical manifestation happens as an overflow of the infilling of the Spirit. I'm not as dogmatic as my Pentecostal friends on the gift of tongues being the only acceptable initial evidence. But then I didn't have to fight for it! In the book of Acts, there is also praise and prophecy. The accounts of baptism in Spirit in the book of Acts show that it comes with some sort of physical overflow of what is going on in the Spirit, usually involving utterance. The Apostle Paul isn't recorded as initially speaking in tongues. Scales fell off his eyes, so he could see again. Eventually he is known as the one who speaks in tongues more than anyone. But the Biblical evidence for initial evidence having to be tongues just isn't there. Some people get the gift of tongues straight away, some bubble over with praise and others start to prophecy. That said I always look for people to receive the gift of tongues, either as we pray or later in the privacy of their own home. The Apostle Paul considered it such a personally helpful gift that he wrote of his hope that all would use it in 1 Cor 14:5.

Terry Virgo, the founding father of the Newfrontiers family of churches has been so helpful on how to lead people through into the baptism in the Spirit. His advice is that we take people through the scriptures in Acts to show and build faith for the experience.

None of the Epistles command baptism in water or the Spirit – it's just taken for granted, because they are letters written to established churches. The book of Acts shows us the history of churches getting planted and disciples being made.

Acts 2:38 *And Peter said to them "Repent and be baptised every one of you in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit. For the promise is for you and for your children and all who are far off, everyone whom the Lord calls to himself." The initial 120 were already believers, disciples of Jesus who were then filled with the Spirit at Pentecost and spoke in tongues, resulting in 3000 more saved and added to the church.*

Acts 8:12-16 But when they believed Philip as he preached good news about the kingdom of God and the name of Jesus Christ, they were baptized, both men and women. Even Simon himself believed, and after being baptized he continued with Philip. And seeing signs and great miracles performed, he was amazed.

Now when the apostles at Jerusalem heard that Samaria had received the word of God, they sent to them Peter and John, who came down and prayed for them that they might receive the Holy Spirit, for he had not yet fallen on any of them, but they had only been baptized in the name of the Lord Jesus. Then they laid their hands on them and they received the Holy Spirit.

Here the Samaritans hear the Gospel, respond with repentance, faith and baptism in water. Later Peter and John come and make sure the fourth leg is in place by praying for them to receive the baptism in the Spirit.

Acts 10:44-46 *While Peter was still saying these things, the Holy Spirit fell on all who heard the word. And the believers from among the circumcised who had come with Peter were amazed, because the gift of the Holy Spirit was poured out even on the Gentiles. For they were hearing them speaking in tongues and extolling God. Then Peter declared, "Can anyone withhold water for baptizing these people, who have received the Holy Spirit just as we have?" And he commanded them to be baptized in the name of Jesus Christ. Then they asked him to remain for some days.*

The Spirit fell on a group of Gentiles listening to Peter preach sovereignly. I think at this point none of the Jewish believers would have laid hands by touch, so God just does it. They receive tongues and praise as outward manifestations.

Acts 19:2-6 And he said to them, "Did you receive the Holy Spirit when you believed?" And they said, "No, we have not even heard that there is a Holy Spirit." And he said, "Into what then were you baptized?" They said, "Into John's baptism." And Paul said, "John baptized with the baptism of repentance, telling the people to believe in the one who was to come after him, that is, Jesus." On hearing this, they were baptized in the name of the Lord Jesus. And when Paul had laid his hands on them, the Holy Spirit came on them, and they began speaking in tongues and prophesying. There were about twelve men in all.

When Paul reached Ephesus he asked the group there whether they had been baptised in the Spirit. The answer showed him they hadn't received the gospel either! So he sorted out all four legs and they receive tongues and or prophecy as the outward manifestation.

These scriptures build up evidence that three of the four traditional views are weak.

Evangelical – already have it automatically is refuted by the question Paul asked in Acts 19 and the fact that the Holy Spirit hadn't fallen on them in Acts 8.

Second Blessing – Cornelius was pretty quick! As was Paul and the Ephesians

Pentecostal tarrying – only the initial disciples had to tarry in the city until the Spirit came at Pentecost. Now He is freely available to all who are thirsty and come for a drink!

On the last day of the feast, the great day, Jesus stood up and cried out, "If anyone thirsts, let him come to me and drink. Whoever believes in me, as the Scripture has said, 'Out of his heart will flow rivers of living water.'" Now this he said about the Spirit, whom those who believed in him were to receive, for as yet the Spirit had not been given, because Jesus was not yet glorified. John 7:37-39 That statement is a prophetic word when Jesus gave it, as the Spirit had been given at that point, but now He is glorified we don't need to wait – the Spirit is available for us now!

There are three essentials to be baptised in the Spirit

Be thirsty – you don't need to be a mature Christian or attain a level of holiness first. In Gal. 3:2 Paul asks "Let me ask you only this: Did you receive the Spirit by works of the law or by hearing with faith?" We come by faith not our efforts.

Come – when we invite people to be prayed for, we are inviting them to come to Jesus to receive. Whether you are being prayed for by Paul, Peter, John or little old me, you are coming to Jesus.

Drink – Come and drink. He has promised to give the Spirit to those who ask so we must come believing that He will give.

In the Acts examples, many of them tell us “they spoke in tongues.” Not all, but most of them. Tongues is such a helpful gift to build us up, that I’m looking for people to receive it when I pray for the baptism in the Spirit.

God doesn’t do it, we do it by faith! We have to open our mouths and speak by faith! 1 Corinthians 14 tells us our minds are unfruitful when we speak in tongues – we can think about other things, including “Am I making this up?!” Studies have been done showing that the language centres of the brain are less active when people are speaking in tongues, with their spirit, than when they pray with their mind. When I am praying for people to receive and encouraging them to speak out I remind them that their minds aren’t involved, so if they are doubting it is real, that’s a kind of evidence it is real!

We don’t receive the gift of tongues passively. When Peter was called by Jesus out of the boat, he had to step out of the boat! He had to use his feet in another dimension. When we receive the gift of tongues we are using our lungs, voice box and mouths in another spiritual dimension too! We don’t stand and wait for God, we speak by faith!

Take time to build faith for receiving the gift of tongues from the Scriptures. Faith that is biblically rooted is so much stronger.

Once I have explained the Scriptures and the person is ready we come to Jesus, pray over them to be filled and impart the gift of tongues expecting them to speak!

Going through Scriptures has built Biblical faith and so for most the start speaking in tongues straight away. Some need to do it in the privacy of their own homes later – I’ve noticed lots of shy people do that!

Week 2

Main aim: Identity and Grace

This week we want our disciples to begin to grasp who they are in Christ. Becoming a Christian isn't just a head knowledge start believing in Jesus. A massive change occurs deep inside that needs to work through into renewing our minds and then adjusting our actions.

On day 9 there is a list of Scriptures that tell us who we now are in Christ, talk through which of them made the most impact. There's an infographic at www.forty-online/who-we-are-in-christ.pdf that is worth printing and sticking on the fridge!

Take time to talk through grace. If they aren't asking "Can we carry on sinning then?" (as in Rom 6:1) they haven't quite grasped the enormity of grace yet. The answer is in v2 by the way – "By no means", because we have died to sin. Grace has killed off the old us and made us brand new, so why would we want to sin?

Week 3

Main aim: Bible and Prayer

By now your disciples will hopefully be praying out loud during the group time together. Talk about prayer life and using the acronym P.R.A.Y – Pause, Rejoice, Ask, Yield as a good model for praying.

Talk about reading the Bible – sharing what you do. Have they got a notebook to jot down prayers and thoughts from reading the Bible?

What has the Lord been saying to your disciples through the Bible?

Week 4

Main aim: Church life and gifts

Are your disciples coming with you to your church Sunday gathering and small group? Talk through what it means to be part of a church - family, body and people of God.

1 Cor 14 exhorts us to eagerly desire the spiritual gifts, especially that we may prophecy.

Simple 4 step model

1) Desire

1Cor 14:1 Pursue love, and earnestly desire the spiritual gifts, especially that you may prophecy.

Why? Because of its effects v3,24 and 31

Strengthen – edify – build, builds up churches, people and movements

Encourage – come alongside to stir up action and duty. Verse 8 refers to a trumpet call to battle. Guy Miller "Prophecy is not a sentimental chocolate fudge sundae for self centred individuals, but rather a kick up the pants and a sword in your hands commission from the captain of hosts."

Encouragement prophecies recognise where people have gifting and stirs them to action.

Comfort – to come alongside in circumstances of fear or sorrow – the gentle end of the prophetic gift

Instruct v31 – can have a teaching element

Convicts lost people of their sin – the prophetic can have an evangelistic element 1 Cor 14:24-25. A lady in my last church responded to a word of knowledge and became a Christian. Guy Miller again comments on the meetings in Bournemouth “It is an increasing phenomenon in our worship times for unbelievers to come forward after prophecies have been given, sometimes breaking onto tears as God’s spotlight has pinpointed areas in their lives previously hidden from view. After one powerful time, I prayed with a man to receive Christ. As I came away, my sweater was wet where the man had clung to me, weeping. In case we think prophecy is only for a cosy encouraging time for believers, where we all come away edified, Paul shows us that prophecy can be specifically directed towards unbelievers and those hiding from God. Simple words or pictures can penetrate the depths of their hearts and cause them to fall on their knees and exclaim “God is among you”

2 Revelation

Go to God and He shows you something.

Lots of different ways He does that.

Something you physically see sparks revelation. Jeremiah and the potters clay Jer 18 a great example. Line of a chorus sparks something. Scripture jumps out.

3 Listening to God

God speaks in lots of different ways to us...

Scripture – Spirit will remind us of all things John 14

Words of Knowledge – information not known humanly – often find that happening when praying for people in a ministry time. Often see them as words written over people.

Words of Wisdom – supernatural wisdom not known humanly eg Niger plumbing!

Picture/Vision – see something in the Spirit

Dream – again, but while asleep!

Words/Sentence fragments – internal audible voice

Impressions – like human intuition but from the Spirit!

Chew it over. Ask God what He is saying.

1 Cor 14:27-29 we are under control, we don’t have to blurt the first thing that comes.

“If any speak in a tongue, let there be only two or at most three, and each in turn, and let someone interpret. 28 But if there is no one to interpret, let each of them keep silent in church and speak to himself and to God. 29 Let two or three prophets speak, and let the others weigh what is said. 30 If a revelation is made to another sitting there, let the first be silent. 31 For you can all prophesy one by one, so that all may learn and all be encouraged, 32 and the spirits of prophets are subject to prophets. 33 For God is not a God of confusion but of peace.”

4) Delivery

It’s important to speak out what we have heard in a way that is helpful and not condemning or discouraging.

Safety net of our desire – strengthen, encourage, edify, instruct, convict.

Say it with flowers – more likely to be received.

Ask God’s permission and timing

Stop! Don’t speak for too long, especially during a church worship time! Spurgeon once said of one of his students “He preached me into a better frame of mind. Then sadly he preached me out of it”

5) Weighing - Feedback loop

The Bible teaches that what God speaks to us is mixed with us – our emotions, desires and knowledge. Prophecy is not 100% God! So we should weigh prophecy and hold onto the good. These questions are helpful...

Is it in line with the bible?

Does it glorify Jesus?
Does it witness to your spirit?
Has the giver got a track record or good fruit in their life?

To get your discipleship started hearing God's voice, you can use these exercises
What is the first encouraging thought that comes in to your head for the person next to you?

Use a Scripture passage like Ps 68: 1-6 – anything jump out for the person next to you? What does God want to say through it?

Week 5

Main aim: Living a kingdom lifestyle

The kingdom of God is not a physical kingdom, but a spiritual one of the blessing of God leading our lives.

Day 29 contains a list of signs that the kingdom has made a difference in someone's life, share stories of the kingdom coming.

Talk through healing – how to pray for healing and give opportunity to minister to each other,

Week 6

Main aim: Spiritual Warfare and sharing the gospel

Spiritual warfare is a battle from the World, the flesh and the devil. Half of spiritual warfare is the battle for the mind – taking control of our thought life which controls our flesh, our bodies and what we do with them. Talk through 1 Cor 10:13 and James 1:13-15

Spend some time talking through how to share the Gospel – demonstrate the 3 circles with them and get them to do it straight away back to you or each other.